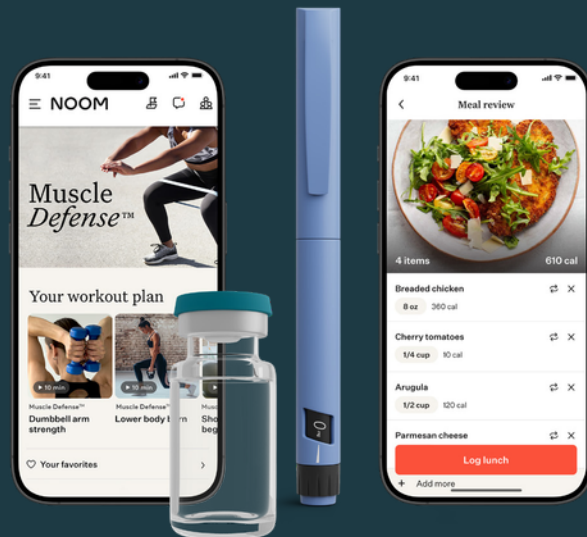


NOOM

Make the most of your GLP-1 journey

GLP-1 medications can be a powerful tool for weight loss. With Noom, you'll get the support you need to maximize and maintain your results long-term. What's more? Noom is available at no cost to you!



Noom GLP-1 Companion: Your path to sustainable change

When you join Noom, you get access to GLP-1 Companion, offering personalized guidance, tools, and expert support to help you feel your best and see lasting results. After activating the GLP-1 Companion in the Noom app, you'll have access to:



Mini behavior change lessons

Learn how to overcome challenges and make daily choices that lead to long-lasting lifestyle change.



Muscle Defense™

Explore a library of fitness videos that focus on building muscle and maintaining strength.



Protein Power

Get high-protein recipes and use protein-tracking features (log your meal with the snap of a photo!) to help you prevent muscle loss, a common side effect of GLP-1 medications.



Side effect support

Get 1:1 guidance from human coaches and support from a community of peers.

1.5x

more
weight loss

MAXIMIZE YOUR RESULTS WITH NOOM BY YOUR SIDE

Members who added Noom to an early GLP-1 reported losing over 1.5x more pounds on average compared to GLP-1 only users.¹

SIGN UP AT
[GO.NOOM.COM/NBOE](https://go.noom.com/nboe)

¹Based on a retrospective study of self-reported data of pounds lost for active versus passive users who were offered the Noom program when being prescribed an early stage GLP-1.

OR SCAN TO
ENROLL

