

# How Maven supports dads at every stage

Part of becoming a dad is realizing...how many times you're not going to know what you're doing. There's no handbook for parenthood, and no one is a perfect dad right off the bat. When you need an extra hand for those everyday joys and challenges, Maven is here.



Join today for free!

Meet some of the experts you have free 24/7 access to with Maven:



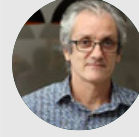
**Jiani Lim**  
Parent Coach

Maven Parent Coaches can help you work through sibling dynamics and support your kids through learning challenges



**Dr. Jamie Hutton**  
Pediatrician

Maven Pediatricians can answer questions about newborn weight, mystery rashes, and starting solids (and yes, they're available even at 2am!)



**Gerardo Sorkin**  
Mental Health Provider

Maven Mental Health Providers can help you process family stress and communicate with your partner more effectively



**Tracie Kesatie**  
Sleep Coach

Maven Sleep Coaches can work with you to create a sleep routine that works for your family



**LC De Shay**  
Lactation consultant

Maven Lactation Consultants can help you track feedings and support your partner with breastfeeding



With experts on call to answer any question you or your partner have, Maven is a dad's best friend.

Book a free virtual appointment anytime at [mavenclinic.com/join/fatherhood-support](https://mavenclinic.com/join/fatherhood-support)