

Weight Management and GLP-1 Medications

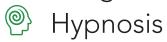


Did you know that 42% of adults in the United States are obese?

There are many ways to address obesity and weight loss, including:











GLP-1 medications, such as Ozempic or Wegovy (semaglutide), are rapidly rising in popularity as a way to promote weight loss for those with a BMI greater than 30. These drugs mimic the glucagon-like peptide-1 (or GLP-1) hormone, which regulates blood sugar levels by stimulating insulin secretion and slowing stomach emptying.

Besides aiding weight loss, these medications are used to treat Type 2 diabetes, and may also help reduce heart disease and kidney disease, improve blood pressure and cholesterol levels, and lower stroke risk.

It's important to consult your primary care physician before starting any weight loss program or medication to ensure your individual health needs and medical history are taken into account.