

# Virtual care designed for you and your family

No matter where you are on your reproductive and family health journey, Maven is here. Through the Aetna® Enhanced Maternity Program™ with family-building and menopause support, you and your partner get no-cost 24/7 virtual access to quality providers via unlimited video appointments, messaging, and classes—all from the comfort of your home.



## Personalized support for every step of your journey:

### Fertility & Family Building

Preconception  
Fertility preservation  
IUI & IVF support  
Adoption & surrogacy  
Male fertility  
Mental health

### Maternity & Newborn Care

Pregnancy  
Infant sleep coaching  
Lactation consultants  
Return-to-work coaching  
Miscarriage & loss  
Mental health

### Menopause & Ongoing Care

Perimenopause  
Menopause  
Postmenopause  
Early intervention  
Symptom management  
Wellness coaches  
Career coaching

## Your membership includes:

- A personal Care Advocate who serves as a trusted guide to help you navigate our platform and connect you with providers throughout your family journey
- Unlimited video chat and messaging with doctors, nurses, and coaches across 35+ specialties, including fertility, mental health, and pediatrics
- Provider-led virtual classes and vetted articles—tailored to your journey



Activate your free membership by scanning the QR code, downloading the Maven Clinic app, or visiting [mavenclinic.com/join/aetna-now](https://mavenclinic.com/join/aetna-now).

