



# VitalCheck On-site Physician Program

## Frequently Asked Questions (FAQ)

### Learn more about NBOE's new on-site physician program:

Launching a pilot program the spring 2023, NBOE will begin offering on-site primary care wellness visits through VitalCheck. Primary care physicians from Hackensack Meridian Health Center will provide an annual wellness visit 100% covered by Aetna or applicable health insurance carrier. The providers will be able to perform lab work and help you better manage your health and discuss treatment plans for any new or existing health concerns.

Employees who are in good standing and enrolled with Aetna, a wellness visit with VitalCheck will count towards 1 of 2 tasks for the 2023 [Healthy Actions Program](#).

### VitalCheck Frequently Asked Questions

**1. How do I book an appointment with VitalCheck?**

[Click here to access the VitalCheck website](#). From there you can select the location, date, and time for your appointment. You will be prompted to enter your full name and contact information to finish booking the appointment.

**2. Where will the appointments take place?**

Appointments will take place at a variety of schools and central locations throughout the NBOE district. When you are finalizing your appointment, please make sure you are booking at your preferred location.

**3. What is included with the VitalCheck wellness visit?**

All wellness visits will include a primary care physical exam, cholesterol and diabetes screenings, comprehensive blood work, and medical nutritional advice.

**4. How long is the appointment?**

Please allow about 40 minutes for your visit. Each appointment will include a medical screening, lab work, and care coordination for any referrals or treatment plans.

**5. I don't have NBOE Aetna medical plan, can I still participate?**

Employees who are not on the NBOE Aetna medical plan can also book an appointment with these providers as other insurance plans are accepted. Please check with your insurance provider to see if this visit will be covered to avoid a potential out-of-pocket charge.

**6. I had an annual visit recently, can I participate?**

If you don't NOT have NBOE Aetna coverage, please check with your insurance provider to see if this visit will be covered to avoid a potential out-of-pocket charge.

**7. I already see a primary care provider, should I participate?**

This program is to connect employees that DO NOT have a primary care provider. VitalCheck was designed to reach out to staff to ensure they have access to primary care providers onsite for their convenience!

**8. I need cancel my appointment, how much notice should I make?**

Please cancel your appointment at least 24 hours in advance. This will ensure other employees have an opportunity to use the available timeslot.

**9. Do I need to be fasting for the blood work?**

Fasting isn't required to blood draw.

**10. Who can I contact with questions about the VitalCheck program?**

If you have any questions or concerns regarding your appointment, please contact the VitalCheck hotline number at (212)634-9210.

For more information, visit <https://nboehrs.com/wellness/#vitalcheck>