

NOOM WEIGHT

A healthier you, wherever you are.



Noom Weight is now fully-sponsored for NBOE employee's enrolled in one of our Aetna Medical plans!

Ready for a healthier lifestyle?

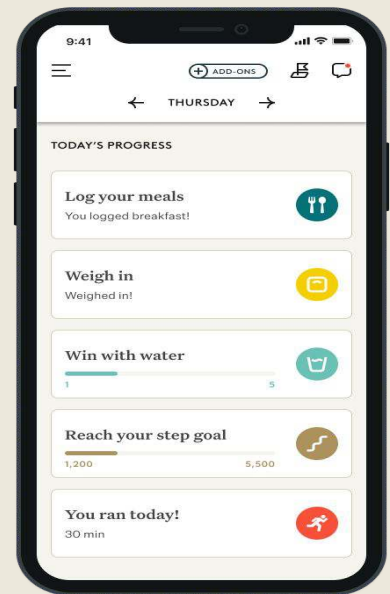
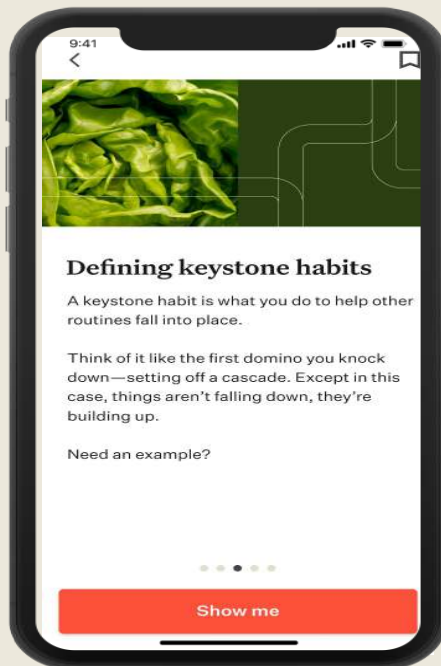
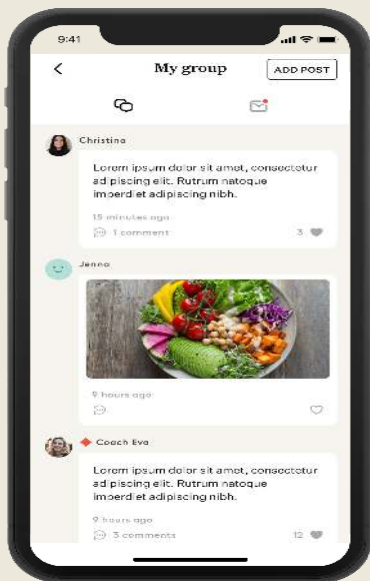
So are we. Noom is committed to a better way to lose weight than the ups and downs, the yo-yos, because weight loss isn't a linear journey. This is why we built Noom with psychology in mind.

How does Noom use psychology?

Noom starts with the "why" behind your habits so you can know your triggers and create new habits that last.

Will Noom work for me?

Yes, Noom adapts to your lifestyle and pace. We'll give you the tools to stay accountable to your goals while delivering new tips and tricks as you hit milestones.



How do I get started?

Please visit "go.noom.com/nboe"
Or simply scan the QR code



Enrollment Questions? Email: Partnersupport@noom.com

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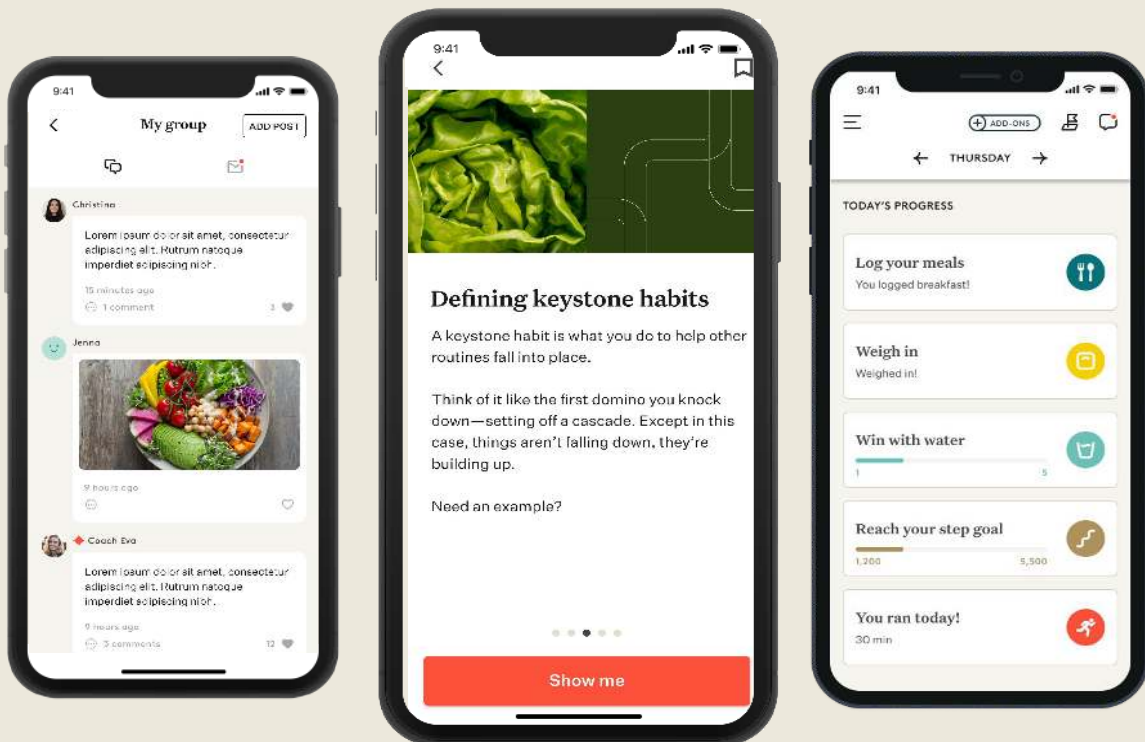
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How do I get started?

Please check you NBOE email for further instructions on how to enroll!

Questions? Email: Partnersupport@noom.com